



Volunteer &

January
2020

Activities Newsletter

Your Choice for Quality Care

PUBLISHED MONTHLY
BY PLEASANT RIDGE
MANOR FRIENDS
FOREVER

Heart Felt Thanks

Our employees were invited to share this year in our annual resident gift giving. Beginning with the unit staff and then the offices and other departments, individuals signed up to adopt one or more residents this Christmas. This was the very first time we did this and the response was overwhelmingly positive!

Each person received a very personalized and special gift. In many cases, employees adopted more than one resident. Gifts were marked with love and delivered by our third shift on Christmas eve so that everyone could open their gifts on Christmas day.

Our Activity Aides would like to say, "Thanks" on behalf of the residents and themselves, from the bottoms of each of their hearts. We truly experienced the miracle of the season.



New Year, New YOU!

The Friends Forever cordially invite all our readers, retirees, family members, and employees to sign up to become volunteers! We need people to help with outings and events, church on Sunday (9:30 & 1:30), and transporting to & from our therapies & activities. Call LeeAnn at 474-5521, 260 today!

Loving Giving Local!

The Friends Forever Volunteers are the proud recipients of the JET 24/FOX 66/YourErie & Superstore Joe's Loving Giving Local for the week of December 18th! We are so pleasantly surprised and so thankful to be part of the nonprofit community!



The \$250 will be used toward funding special projects, outings and events that our residents enjoy each month.

December's Delights

December is always filled with so much activity, entertainment, and people visiting, that it's hard to keep track of everyone that shared the holidays with us.

We welcomed Steve Lascak, Presque Isle Garden Club, John Saraceno, His Shining Light Ministries, The Scottish Rite, Spotlight Studios, Fairview Elementary 4th Grade, Girard Alliance Kids, Tracy School, Kirk & Jane Hamza, Z Praise, and Kathleen Brown who shared her Christmas with our residents by entertaining them during their lunch. Oh, and we can't forget SANTA!



Memorials & Donations

We thank the following for their financial or other contributions to the Pleasant Ridge Manor Friends Forever:

Kris Miller
 Kim Michael
 Mary Ellen Neiswonger & Family
 Janet Grieshaber
 Mary Alfieri Richmond
 The Zipp family
 Gail Miller

The following donations were made to the Friends Forever in loving memory of:

Agnes Blood

By:

Frank & Nancy Payne
 Richard & Karen Winston
 Charles Kibler

The following donations were made to the Friends Forever in loving memory of:

Vinnie Spada

By:

Anthony Garbowski

The following donations were made to the Friends Forever in loving memory of:

Kathy Haley

By:

Viv Crum

100% of your donations are used to directly benefit the residents and are always greatly appreciated. If you'd like to make or discuss making a donation, call LeeAnn Krahe at (814)474-5521, extension 260. Checks may be written to Pleasant Ridge Manor Friends Forever and sent to the PRM address.

Merry Christmas to our Russian Orthodox Friends!



Tip Of the Month: Keeping your cool when it's cold.

Keep a bundle of cold-weather gear in your car, such as extra food and water, warm clothing, a flashlight, a glass scraper, blankets, medications, and more.








Make certain your tires are properly inflated and have plenty of tread. Keep at least half a tank of fuel in your vehicle at all times.

Keep your eyes on the road and your hands on the wheel. Stay your course with aggressive drivers and pull over safely when you can if you feel they're putting your safety at risk.

Don't drive in fear, drive defensively and safely...we love when you visit!

JANUARY 2020

Volunteer/Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		National Hobby Month National Hot Tea Month National Mentoring Month National Skating Month National Soup	 2:30 New Year's Day Bingo 7:00 Small Group Activity	2:30 Prize Trivia 7:00 Grace Episcopal Bingo	2:30 Pokeno 7:00 Small Group Activity	9:30 Grey Save Visits 2:30 Bingo 7:00 Small Group Activity
5 9:30 Catholic Mass 1:30 Protestant Church 2:00 Liz Tomcho on H 2:30 Coffee Hour with Liz Tomcho 7:00 Mystery	6 1:30 Rosary 2:30 Sing Along 7:00 Small Group Activity	7 9:30 Catholic Mass  2:30 Volleyball 7:00 Small Group Activity	8 2:30 Bingo  7:00 Traditional Country Band	9  1:30 Bible Study 2:30 CASINO DAY! 7:00 Group Games	10  2:30 Pokeno 7:00 Small Group Activity	11  2:30 Penny Bingo 7:00 Small Group Activity
12 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour with John Saraceno 7:00 Mystery Bingo	13  1:30 Rosary 2:30 Sing Along 7:00 Friends Bingo	14 9:30 Catholic Mass 11:00 Resident Council 2:00 Movie & Pizza 7:00 Small Group Activity	15 12:30 Unit G Trip 2:30 Bingo  7:00 Small Group Activity	16 11:00 Food Committee 1:30 Bible Study 2:30 Johnny G on H 2:30 Johnny G On Stage 6:30 Evening Movie	17 9:30 Bible Stories 2:30 Pokeno 7:00 Small Group Activity	18 2:30 Bingo 7:00 Small Group Activity
19 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	20 Martin Luther King Jr. Day 2:30 Sing Along 2:30 Young @ Heart 7:00 Small Group Activity	21 9:30 Catholic Mass 2:00 Todd M. on H 2:30 Birthday Party with Todd Morton 7:00 G.U.M. Bingo	22  2:30 Bingo 7:00 Small Group Activity	23  1:30 Bible Study 2:00 Kitchen Adventures 7:00 Volleyball	24 2:30 Pokeno 7:00 Small Group Activity	25  2:30 Penny Bingo 7:00 Small Group Activity
26 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	27 2:30 Sing Along 7:00 Evening Crafts	28 9:30 Catholic Mass <i>Praise!</i> 2:30 Z Praise Performs 7:00 Small Group Activity	29 2:30 Bingo 7:00 Small Group Activity	30 1:30 Rosary 2:30 Men's Group 2:30 Women's Group 7:00 Evening Trivia	31 2:30 Pokeno 7:00 Small Group Activity	Birthstone: Gamet Flower: Carnation



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VOLUNTEER & ACTIVITIES NEWSLETTER

KATHY DAHLKEMPER, County Executive
County Council Chairman of the Board
ROBERT SMITH, Executive Director
MARY VENEZIA, Director of Nursing
TERRY NYBERG, President, PRM Friends
CO-EDITORS: LeeAnn Krahe,
Jane Dorler & Mary Beth Pfister

The West County Area

Alzheimer's Association Support Group

meeting will be held at Pleasant Ridge Manor

Wednesday, January 8, 2020

at 6:30 p.m.

For more information: call Carrie Altadonna 474-5521, extension 215.



Happy New Year

Thank you to all our Volunteers, Employees, Families, Donors, Church Groups, School Groups, and Civic Organizations for making our Christmas & Holiday Season joyful and memorable!

May you all have a very Happy New Year!



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